

keto.classic 3:1

ketoclassic porridge

Description

A FOOD FOR SPECIAL MEDICAL PURPOSES

A 3:1 ratio (Fat:Carbohydrate & Protein), high fibre ready prepared breakfast meal for use in the classical 3:1 ketogenic diet from 3 years of age.

Indications

For the dietary management of Intractable Epilepsy, Pyruvate Dehydrogenase Deficiency, Glucose Transporter Type 1 Deficiency and other conditions where a ketogenic diet is indicated.

Dosage & Administration

To be determined by the clinician or dietitian and is dependant on the age, body weight and medical condition of the patient. For use in the classical 3:1 ketogenic diet.

IMPORTANT NOTICE

Must only be used under strict medical supervision.
Suitable from 3 years of age.
Not for use as a sole source of nutrition.
For enteral use only.
Only for use in the Ketogenic Diet.

Preparation Guidelines

Shake tub well.
Weigh the required quantity of KetoClassic Porridge and add to a bowl.
Add water to preferred consistency and stir thoroughly.
Once prepared, any unused KetoClassic Porridge should be stored in the fridge and used within 24 hours.

Allergen advice

Contains milk, nuts, wheat (gluten free) and sulphur dioxide.

Nutritional Content

Nutritional Information	100g	Per 10g portion
Energy (kJ)	2649	264.9
Energy (kcal)	643	64.3
Fat (g)	59.1	5.9
of which saturates (g)	30.9	3.1
Monounsaturates (g)	14.3	1.4
Polyunsaturates (g)	11.3	1.1
Carbohydrates (g)	7.8	0.8
of which sugars (g)	5.4	0.5
Fibre (g)	16.7	1.7
Protein (g)	11.7	1.2
Salt (g)	0.2	0.02
Sodium (mg)	77.5	7.8
Sodium (mmols)	3.4	0.3

Storage

Unopened: KetoClassic Porridge should be stored in a cool dry place.

Opened: Replace lid on tub, store in a cool dry place and use within one month.

Pack size/weight

2 x 300g tub € = 600g