

keto.classic 3:1

ketoclassic bar

Description

A FOOD FOR SPECIAL MEDICAL PURPOSES

A 3:1 ratio (fat:carbohydrate & protein), high fibre bar for use in the classical 3:1 ketogenic diet from 3 years of age.

Indications

For use in the dietary management of Intractable epilepsy, Pyruvate Dehydrogenase Deficiency (PDHD), Glucose Transporter Type 1 deficiency (Glut1DS) and other medical conditions where a ketogenic diet is indicated.

Dosage & Administration

To be determined by the clinician or dietitian and is dependant on the age, body weight and medical condition of the patient. For use in the classical 3:1 ketogenic diet.

IMPORTANT NOTICE

Must only be used under strict medical supervision.
Suitable from 3 years of age.
Not for use as a sole source of nutrition.
For enteral use only.
Only for use in the Ketogenic Diet.

Preparation Guidelines

KetoClassic Bar is ready to use.

Allergen Advice

Contains nuts, soya and sulphur dioxide.

Nutritional Content

Nutritional Information	100g	Per 30g bar
Energy (kJ)	498	149
Energy (kcal)	2082	623
Fat (g)	43.6	13.1
of which saturates (g)	15.5	4.7
Monounsaturates (g)	25.3	7.6
Polyunsaturates (g)	1.6	0.5
Carbohydrates (g)	3.3	1.0
of which sugars (g)	2.8	0.8
Fibre (g)	28.7	8.6
Protein (g)	10.8	3.2
Salt (g)	0.2	0.06
Sodium (mg)	77.4	23.2
Sodium (mmols)	3.36	1.0

Storage

Unopened: KetoClassic Bar should be stored in a cool, dry place and used within 12 months.
Opened: Once opened KetoClassic Bar should be used within 24 hours.

Pack Size/Weight

30g foil wrapped bar.
14 x 30g e bars = 420g