

# keto.classic 3:1

## ketoclassic meal - bolognese flavour

### Description

A FOOD FOR SPECIAL MEDICAL PURPOSES

A 3:1 ratio (Fat:Carbohydrate & Protein) high fibre ready meal for use in the classical ketogenic diet from 3 years of age.

### Indications

For the dietary management of Intractable Epilepsy, Pyruvate Dehydrogenase Deficiency, Glucose Transporter Type 1 Deficiency and other conditions where a ketogenic diet is indicated.

### Dosage & Administration

To be determined by the clinician or dietitian and is dependant on the age, body weight and medical condition of the patient. For use in the classical 3:1 ketogenic diet.

### IMPORTANT NOTICE

Must only be used under strict medical supervision.  
Suitable from 3 years of age.  
Not to be used as a sole source of nutrition.  
For enteral use only.  
Only for use in the Ketogenic Diet.

### Preparation Guidelines

#### Microwave:

Microwave ovens may vary, the following is a guide only.

Gently shake the pouch for 10 seconds and then make a small tear in either side of the pouch.

Heat for 2 minutes on high (based on a Cat D 750). Remove the top of the pouch and stir before serving and ensure that the product is piping hot.

#### Saucepan:

Empty contents of the pouch into a saucepan and heat gently, stirring occasionally, until piping hot and serve.

### Allergen Advice

Contains wheat (gluten free), egg and mustard.

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### Nutritional Content

Nutritional Information	100g	Per 130g pouch
Energy (kJ)	287	373
Energy (kcal)	1182	1537
Fat (g)	26.7	34.7
of which saturates (g)	3.3	4.3
Monounsaturates (g)	7.3	9.5
Polyunsaturates (g)	13.8	17.9
Carbohydrates (g)	3.7	4.8
of which sugars (g)	2.6	3.4
Fibre (g)	6.0	7.8
Protein (g)	5.2	6.8
Salt (g)	1.3	1.7
Sodium (mg)	500	650
Sodium (mmols)	21.7	28.2

### Storage

Store in a cool dry place and use within 24 months.  
Once opened, refrigerate and use within 24 hours.

If the packaged is damaged, do not use.

### Pack Size/Weight

14 x 130g e Pouch.  
Net weight = 1820g.